

COURS DE YOGA

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
8h40 Sunrise ARZIER			8h45 Sunrise LEMUIDS	8h Sunrise ZOOM	
9h50 Sunrise ARZIER			10h Senor doux LEMUIDS		
17h Kid's Yoga ARZIER	18h Hatha ARZIER	18h Hatha ZOOM	18h30 Doux ARZIER		17h30 Doux ZOOM
	19h15 Hatha ARZIER				